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## Digestion Takes Precedence Over Disease (Paperback)

By Anthony Raphael Leon

Dog Ear Publishing, United States, 2008. Paperback. Book Condition: New. 277 x 208 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Have you ever wondered after taking a supplement or herb for some time, then stop taking it, later on noticing that there was really no significant benefit whether you took it or not? Then realizing you could have saved your hard earned money and used it on something more worthwhile? Or purchasing some exercise equipment and eventually form your own home gym, later on wishing one day you could have your own garage sale? Or becoming mesmerized by some health guru, whether from some infomercial or word of mouth, and buying their plan or program? Then after receiving it, realizing it's a tad bit involved where you feel overwhelmed to the point it becomes a dust collector? Doctors push drugs, Naturopaths push herbs, Nutritionists push supplements, but who's pushing HEALTH? I'm talking about just simple good information that the average Joe can use right now, and won't have to figure out anything at all, jargon free facts, that are not just unique, and relevant, but very practical. And it's not going...



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