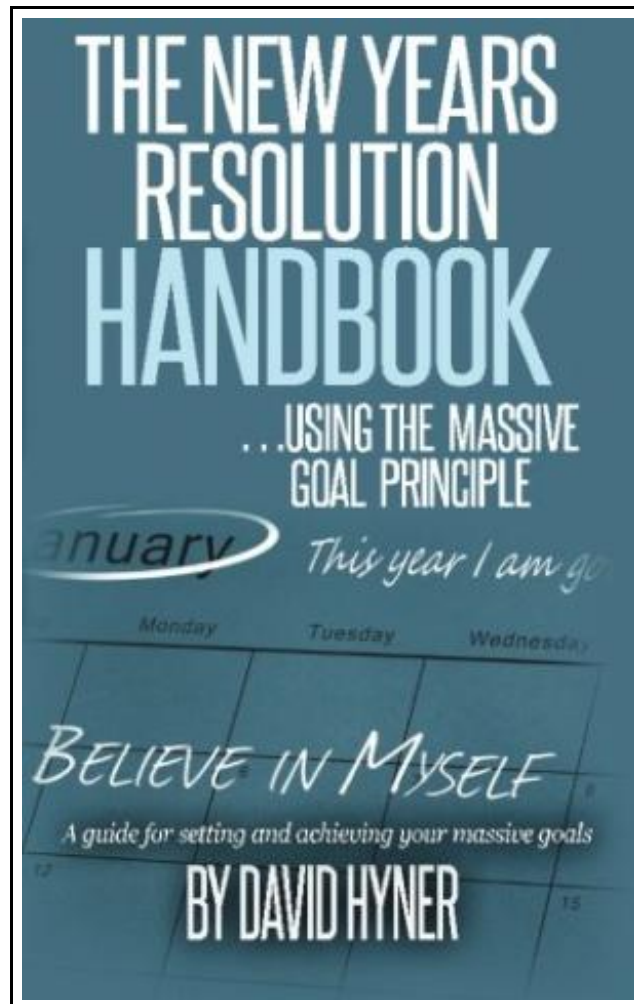


The New Years Resolution Handbook: . Using the Massive Goal Principle. a Guide for Setting and Achieving Your Massive Goals (Paperback)



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Reviews

Extremely helpful for all class of folks. I really could comprehend almost everything using this written e publication. You will not feel monotony at at any time of the time (that's what catalogs are for about in the event you check with me).

(Prof. Melyna Dooley V)

THE NEW YEARS RESOLUTION HANDBOOK: . USING THE MASSIVE GOAL PRINCIPLE. A GUIDE FOR SETTING AND ACHIEVING YOUR MASSIVE GOALS (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.For many people the New Year hails the start of a new era in their life. Every New Year there are thousands of goals, resolutions and projects started, but all too many of them end in unfulfilled dreams, broken promises to yourself or others, and goals not achieved. For some, this can eventually lead to new year resolutions having a sense of hopelessness before January has even past its midway mark. January is seen as a time of goal setting, hope, new beginnings, and a time to set big goals for yourself and so David Hyner has shared his MASSIVE goals principle with a focus on how to keep the momentum alive into February and beyond until you have achieved your goals. The massive goal principle is a goal setting process based upon 200+ research interviews with top achievers that challenges the much taught smart goals and has inspired between 10 000-50 000 people every year for the last fifteen years to set and achieve their goals through the authors live seminars, workshops and keynote talks. Goal setting and New Year resolutions can be a cause of excitement and anticipation for some, and for others, they can be a challenge to their self worth and self esteem due to previous failures and failed goal setting attempts. This book outlines not only how you should set and achieve your goals using examples from his research and true stories of others who have used this process to achieve their own massive goals, but also how you can think and behave like a top achiever to ensure that you have a lasting motivation and sense of purpose around...

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