



Your Thyroid and How to Keep it Healthy: The Great Thyroid Scandal and How to Survive it (2nd Revised edition)

By Barry Durrant-Peatfield

Hammersmith Press Limited. Paperback. Book Condition: new. BRAND NEW, Your Thyroid and How to Keep it Healthy: The Great Thyroid Scandal and How to Survive it (2nd Revised edition), Barry Durrant-Peatfield, Thyroid problems affect an estimated one in three of the adult population, yet they are difficult to diagnose on the basis of blood tests and often go undiagnosed for many years. This is the second, greatly updated and revised, edition of Dr Durrant-Peatfield's practical guide to recognizing the signs and symptoms of thyroid disease and to treating the problem with diet and natural supplements, in conjunction with modern western drugs and surgery when really necessary.

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