



## 5 Ingredient Cookbook: Quick and Easy 5 Ingredient Recipes (Paperback)

By Louise Davidson

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Save Time, Energy and Money with these Amazingly Delicious 5 Ingredients Recipes for Fabulous Family Meals. They take 15 Minutes or Less of Prep. Time = A Homemade Fabulous Family Meal in no Time! Making homemade meals after a long strenuous day at work is something that can become overwhelming . Using fewer ingredients is the solution! It not only saves time, money, and energy, but also make sure you are preparing wholesome meals for your loved ones with the use of the freshest and most flavorful ingredients available. When you choose the right ingredients, you will be surprised at how much you can eliminate from your grocery list. With this collection of five ingredient meals, we have focused on just that; the bright, fresh flavors of wholesome healthy foods. We got you covered for every meals of the day including vegetarian fares, side dishes, and decadent desserts. Inside find: Useful tips for cooking with 5 ingredients including shopping for 5 ingredient meals, and kitchen time savers Succulent beef recipes like the Jalapeno Beef Pouches Mouth-watering chicken recipes...



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